EMERGENCY KIT CHECKLIST

IT IS VITAL YOU PREPARE AN AIRTIGHT, WATERPROOF KIT

Special items
- ☐ Baby needs such as nappies and bottles
- ☐ Medication and scripts
- ☐ Contact lenses or prescription glasses
- ☐ Games, books and puzzles for entertainment
- ☐ Ensure you have enough cash on hand to last one week
- ☐ Fuel for car
- ☐ Pet food and supplies

In a waterproof wallet
- ☐ Will and insurance policies
- ☐ Passports and immunisation records
- ☐ Bank account and credit card numbers
- ☐ Inventory of household contents
- ☐ Important phone numbers
- ☐ Family records such as birth and marriage certificates
- ☐ USB with the above documents saved electronically

Use this checklist when packing and updating your emergency kit.

Water
- ☐ Water in plastic containers
- ☐ A three day supply; minimum 4L of water per person, per day

Food
- ☐ Minimum three day supply
- ☐ Ready to eat canned meats, fruit and vegetables
- ☐ Canned juices, milk and soups
- ☐ Staples such as sugar, pepper, salt and high energy foods such as peanut butter, honey, jams and muesli bars
- ☐ Vitamins
- ☐ Food for babies, children, elderly persons or any special dietary requirements
- ☐ Comfort foods such as biscuits, lollies, cereals, coffee and tea

Tools and supplies
- ☐ Cooking facilities such as gas BBQ/camping stove
- ☐ Plates, bowls, cups, utensils (paper or plastic plates don't require washing)
- ☐ Battery operated radio
- ☐ Battery operated torches
- ☐ Spare batteries
- ☐ Utility knife
- ☐ Toilet paper
- ☐ Soap/detergent
- ☐ Personal hygiene items
- ☐ Duct and masking tape
- ☐ Matches in waterproof container
- ☐ Disinfectant
- ☐ Mobile phone and charger
- ☐ Insect repellent and sunscreen
- ☐ Tools for temporary repairs
- ☐ Rope and chains for securing outdoor items
- ☐ Extension cords and power boards
- ☐ Plastic sheeting or tarps

First aid kit
- ☐ Replace any used contents

Clothing and bedding
- ☐ At least one complete change of clothing and footwear per person
- ☐ Long sleeve shirts and trousers
- ☐ Sturdy shoes
- ☐ Rain gear
- ☐ Blankets or sleeping bags
- ☐ Hats and work gloves
- ☐ Sunglasses